# H-BC 5th Grade Beginner Band 2020-21 

 Instrument PreferencesName $\qquad$

Please write a 1 by your first choice, a 2 by your second choice, and a $\mathbf{3}$ by your third choice. Students will get to try instruments based on their top choices.
$\qquad$ Flute
$\qquad$ Clarinet
$\qquad$ Saxophone
$\qquad$ Trumpet
$\qquad$ French Horn
$\qquad$ Trombone
$\qquad$ Euphonium (Baritone)
$\qquad$ Percussion

Please return this form to Mr. Steve Olson (H-BC Band Director). Thank you!
s.olson@isd671.net

## Dear Incoming 5th Grade Families,

Below is information about the H-BC 5th Grade Band program. I would encourage you to take a moment to read over this information and discuss band class with your child. Band is an exciting opportunity, and I am looking forward to working with this year's beginners!

Instrument selection process: After every student has tried the instrument(s) of interest, I will notify you with the instrument we have selected (along with instrument rental information). If you have an instrument at home that you would like to use, please have your child let me know. Every effort will be made to put students on their first choice, but adjustments may need to be made based on instrumentation of the band and what will be most successful for the student.

Band Information: 5th grade band will consist of weekly individual lessons, two 45-minute band rehearsals each week, and various performance opportunities. Additionally, there will be opportunities before school for additional help or to make up any missed lessons. Band is a graded class and more information about grading will be available to students who sign up.

## Why should your child be in band? There are many reasons! Five are listed on the back of this page.

If you have any questions during this process, please feel free to email me at s.olson@isd671.net.I am looking forward to working with the 5th grade students and having a great turnout for the H-BC 5th Grade Band!

Thank you!

Mr. Steve Olson

5-12 Band s.olson@isd671.net

## Why Join Band?

1. Makes You Smarter. Scientific research has proven that musical training builds intellectual skills, raises IQs, increases spatial temporal intelligence, improves memory, and develops creativity. As a result, children who play a musical instrument do better on average in school than those who don't. In a recent study of SAT scores, students with music education scored 53 points higher on verbal and 39 points higher on math.

## 2. Teaches Discipline. Music students learn that if they apply themselves, they can

 master a skill and achieve results they want. Learning to play a musical instrument teaches self-discipline, the value of persistence, and the rewards of hard work. Studies have shown that music students are involved in fewer discipline problems, less crime, and less substance abuse than nonmusical students.3. Increases Self Esteem. Music is a self-expression. Performing music in public, individually, and as a member of a group, builds confidence. Making music means every musician plays a part that is important to the group.
4. Relieves Stress. Music helps calm the mind. It's been shown that music students experience less test and performance anxiety than students who don't study music. And according to studies, college musicians are emotionally healthier than non-musicians.
5. Is Fun \& Social. Playing music in a group teaches teamwork, ways of working together, and the joy and rewards of group accomplishment. Band and orchestra members share efforts and experiences, and are often friends for life.

This list was published in July 2014 on the Amro Music Blog found at www.amromusic.com

